PREVENTING SLIPS, TRIPS, AND FALLS: VEHICLES AND DOCKS

SAFETY TALK

Falls cause the second-highest number of occupational deaths each year. Even less severe falls, or near-falls, can be life-changing. For instance, trying to catch your balance when you slip can pull muscles, tear ligaments, and cause permanent damage to your back.

CHECKLIST

☐ Don't stand on a bumper to clean your windshield.
☐ Always face the cab when going in or out, and use the handgrips.
☐ Be especially careful of your footing on ladders attached to trucks and catwalks, and always face the ladder when climbing or descending.
☐ Mats, rugs, and runners are also hazardous if they can slip or slide, or are torn, curled up, or loose.
☐ Don't climb over freight or use it as a makeshift platform.
☐ Don't jump off docks, trucks, or from level to level.
☐ Carry only what you can reasonably handle and keep your balance.
☐ Move around obstructions, not over them.
☐ Use handrails when on stairs.
☐ Inspect your ladder prior to use.
☐ Use fall protection when required.
☐ Wear proper footwear for the job.

THINGS TO THINK ABOUT

1. What type of conditions can cause a person to fall on a stairway?
2. List common causes of falls on level surfaces.
3. Identify items that may make a floor dangerous.
4. What precautions are needed when working on a ladder?
5. What housekeeping steps may prevent slips, trips and falls?
6. What can you do to prevent a slip, trip or fall?

ACCIDENTS ARE PREVENTABLE. LEARN MORE AT GRINNELLMUTUAL.COM.

The information included in this publication and program was obtained from sources believed to be reliable, however Grinnell Mutual makes no guarantee of results and assumes no liability in connection with its use. It is the user's responsibility to comply with any applicable regulations or laws. Information obtained from or via Grinnell Mutual should not be used as the basis for legal advice, but should be confirmed with alternative sources. Grinnell Mutual Reinsurance Company, Grinnell Mutual, and coordinating logos or marks are registered trademarks of Grinnell Mutual Reinsurance Company. © Grinnell Mutual Reinsurance Company, 2019.